

# 1st Floor Activities January 2024



**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**



**\* Morning Greetings daily @ 10am**

**\* R&R Offered Daily 130-230pm**

**\*Aroma's offered daily**

**\* All Activities Subject to change**

**\*Mail delivered daily (time dependent on PO)**

**Happy Birthday**

1/17 Clarence

1/20 Erma



1 Morning Greeting/mail  
11am– *Church Service w/ Lori– 4th floor*  
Baking on floor  
245pm – Roll a snowman

2 Morning Greeting/mail  
11am– Wellness Group—  
Ball drumming  
245pm – Bingo

3 Morning Greeting/mail  
11am– Sensory  
“What's in the Bag”  
245pm – Ice cream social

4 Morning Greeting/mail  
11am– Wellness Group -  
Silver sneakers  
245pm – “What do you  
see” Word finding

5 Morning Greeting/mail  
11am- Indoor Snowball  
Fight  
245 Pool Noodle Hockey

6  
11am: Morning greeting  
1:1  
2pm: Movie and popcorn  
In your dining room



7 Morning greeting  
11am: Current events  
2pm Social & Trivia

8 **Elvis's Birthday**  
11am– *Church Service w/ Tom– 4th floor*  
245pm– Elvis movies  
w/ snacks



9 Morning Greeting/mail  
11am– Wellness Group—  
Silver sneakers  
245pm – Manicures

10 Morning Greeting/mail  
11am– Bird seed wreaths  
245pm – Root beer float  
social

11 Morning Greeting/mail  
11am– Wellness Group  
245pm – Cards and  
coffee



12 Morning Greeting/mail  
11am– Music & Rhythm —  
sing a long—  
245– Crafts

13  
11am Morning greeting  
2pm Movie and popcorn  
In your dining room  
4th floor– Drama

14 Morning greeting  
11am: Singing Group 3rd  
2pm– Men's group w/Phil  
2pm-Music—Karaoke

15 Martin Luther King Day  
11am– *Church Service w/ Wayne– 4th floor*  
245pm – Make Tie Pillows

16 Morning Greeting/mail  
11am– Wellness group  
245pm – Bingo

17 Morning Greeting/mail  
11am– Sorting & Matching  
245pm  
Monthly B-day



18 Morning Greeting/mail  
11am– Wellness Group -  
2nd floor  
245 “Can you Help?”  
Problem solving

19 Morning Greeting/mail  
11am– Crafts—snowman  
faces  
245– Table Hockey

20 Morning greeting  
11am Morning Greeting  
1:1  
2pm Movie and popcorn  
In your dining room



21 Morning greeting  
11am: Current events  
2pm Music and Memories

22 Morning Greeting/mail  
11am– *Church Service w/ Paul– 4th floor*  
245pm– Watercolor's



23 Morning Greeting/mail  
11am– Wellness Group -  
Balloon Bounce  
245pm – Manicures



24 Morning Greeting/mail  
11am– Build a snowman  
245pm – Milkshake social

25 Morning Greeting/mail  
11am– Wellness Group -  
245pm – Manicures

26 Morning Greeting/mail  
11am– Cards—color, shape,  
animal matching  
245– Music– Karaoke

27  
11am Morning Greeting  
1:1  
2pm Movie and popcorn  
In your dining room

28 Morning greeting  
11am: Current events  
11am– Men's group w/Phil  
2pm: Coffee and Tea So-

29 Morning Greeting/mail  
11am– *Church Service w/ activities – 4th floor*  
245pm– Snow shovel race

30 Morning Greeting/mail  
11am– Wellness Group—  
Breathing  
245pm – Bingo 3rd floor

31 Morning Greeting/mail  
11am– Sensory cart  
245pm – Ice Cream Social

Sign up  
For.....

**\*Wed 10am Hospitality group in Family room**

**\*Weekly Shopping Trips scheduled and by request**

**\*Hairdresser is available Tuesday's and Wednesday's**

