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LEWIS COUNTY GENERAL HOSPITAL & HEALTH SYSTEM ANNUAL REPORT

ROAD MAP TO HEALTH & WELLNESS

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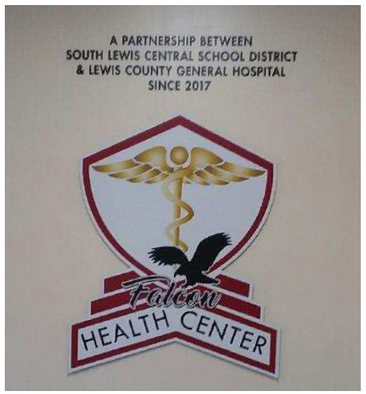


BUILDING A HEALTHIER COMMUNITY

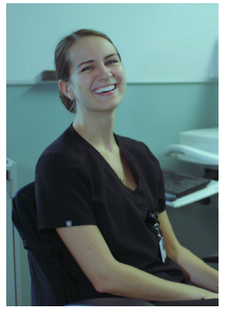
VISION

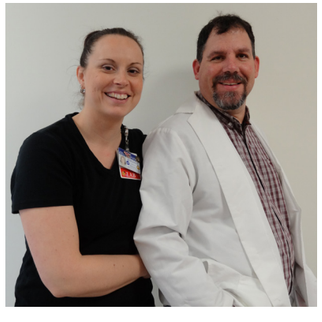
The communities of Lewis County are the healthiest in New York State and America.

MISSION

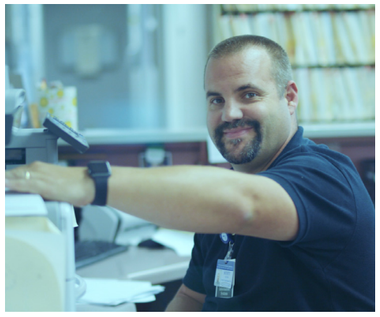
Lewis County Health System is committed to working cooperatively with interested individuals and organizations in helping the people of Lewis County and surrounding communities in achieving their highest level of health and wellness.

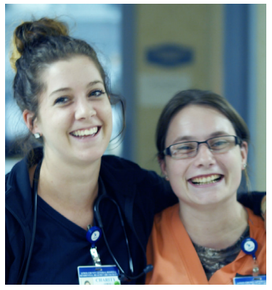
VISIT WWW.LCGH.NET TO SEE OUR NEW VIDEO. CLICK ON THE SEE US IN ACTION (VIDEO LINK) AT THE TOP RIGHT CORNER OF THE WEBSITE.





LEWIS COUNTY GENERAL HOSPITAL & HEALTH SYSTEM 2018





A MESSAGE FROM OUR CHIEF EXECUTIVE OFFICER
ROAD MAP TO HEALTH

Dear Friends,

In the eighty-seven years since Lewis County General Hospital (LCGH) was founded, change has been a constant. Our community is fortunate that LCGH is dynamic and change oriented. Embracing change is crucial if the vision and mission of our local health system are to guide and sustain us.

The vision of our hospital began with a small group of dedicated community leaders who spent several years planning for a facility in Lewis County. That (strategic) vision with measurable (operational) goals led to the building of a hospital. In the summer of 1931 the hospital opened its doors to residents and visitors of Lewis County. From a staff of a few doctors and other health care professionals in the early years, we have grown to a medical staff of over 100 and a total health system work force of nearly 700 associates.

Over the years the technology and procedures available in our local community have changed significantly and more than could have been imaged four generations ago. Today, we have evolved into a rural health system that has grown in services and programs offered, while working hard to integrate community collaboration in our care delivery model as reflected in the organizational mission statement, "LCGH is committed to working cooperatively with interested individuals and organizations in helping the people of Lewis County and surrounding communities in achieving their highest level of health and wellness."

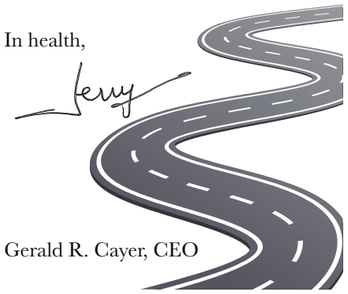
Notwithstanding, the economic and community benefits of the local health care system are also significant. LCGH is the largest employer in Lewis County with an operating budget of $80 million. The economic activity generated by the hospital through jobs and the purchasing of goods and services is valued at $114,000,000. LCGH is the largest provider of health insurance in Lewis County.

As I look back on 2018, I am proud of the programs and services highlighted in this annual report that improved the healthcare of our patients, residents and the communities we served. There were 142,000 outpatient visits; 11,000 people treated in the emergency room; 1,300 people admitted to the hospital (including observation visits); and 200 babies delivered! There were 231,561 unique medical record numbers in the hospital and nursing home this past year. This is truly local access to healthcare!

These accomplishments are a direct result of teamwork, community collaboration, local and regional partnerships, and a commitment to ensure our patients receive high-quality care.

One of the things I find most rewarding in my role is the opportunity to envision the "big picture" --- driving to improve access to the right level of care and technology at the right time while delivering compassionate, kind, excellent, collaborative and efficient healthcare services in Lewis County. To this end the LCGH Board of Managers initiated a strategic planning process with the purpose of developing a new three to five-year strategic focused document. This process will imagine our future through the lens of physicians, staff, key stakeholders, external partners and the larger community. Through this process of feedback health care priorities will align with actions to create a multi-year blueprint to move our organization forward and ensure we provide the highest level of health care services for our rural communities. The end result is a three to five-year strategic plan that will serve as the road map for moving the health system forward with a strategic vision and measurable operational goals. Accordingly, this work will continue to affirm the vitality of LCGH's organizational vision statement, "The Communities of Lewis County are the Healthiest in New York State and America."

In health,



Gerald R. Cayer, CEO

Gary Turck (Left) and Randall Essenlohr (Right) have each made lasting contributions to the health system and we thank them for sharing their time and expertise to make a difference for the residents of Lewis County.

BOARD OF MANAGERS

MICHAEL F. YOUNG, PRESIDENT
DONALD C. MUSNICKI, VICE PRESIDENT
PHILIP E. MCDOWELL, SECRETARY
RICHARD CHARTRAND
STEVEN FULLER
JENNIFER JONES
MARGUERITE MASTASCUSA
KAREN RENNIE
SUSAN J. ROSS
CHERYL STECKLY
CHARLES W. TRUAX, JR.

ADMINISTRATIVE TEAM

GERALD CAYER, CHIEF EXECUTIVE OFFICER
MICHELE PRINCE, CHIEF OPERATING OFFICER
JEFFERY HELLINGER, CHIEF FINANCIAL OFFICER
NEVA BOSSARD, CHIEF NURSING OFFICER
SEAN HARNEY MD, CHIEF MEDICAL OFFICER, EMPLOYED MEDICAL PRACTICES
LISA BAIN, NURSING HOME ADMINISTRATOR
JESSICA SKIFF, DIRECTOR OF HUMAN RESOURCES
JON SCHELL, DIRECTOR OF FACILITIES MANAGEMENT

EMPLOYEE AWARDS

CAREGIVERS OF THE YEAR

1ST FLOOR NANCY MOONEY, CNA
2ND FLOOR KELSEY LYNDAKER, CNA
3RD FLOOR CAROL CHURCH, CNA
4TH FLOOR TAMMY DAYMONT, LPN

EMPLOYEE OF THE YEAR

TRACY GOLDTHRITE, RN
MATERNITY NURSE MANAGER

EMPLOYEES OF THE MONTH

TINA GIGLIOTTI
YAZMIN RICE
GINA BUCKINGHAM
BRANDON ARTHUR
SARAH CAZA
DEB LONGWAY
KIM SMITH
EILEEN CARROLL
MELISSA BROWN
KAREN SHAW
HOLLI TOWNSEND

MEDICAL STAFF

ANESTHESIA
Abdelrahman Elgallad, M.D.
Mary Nevin, M.D.
Lynn Widrick, CRNA

CARDIOLOGY
Andrew Ho, M.D.
Peter Hotvedt, M.D.
Brian Gaffney, M.D.
Michael Kelberman, M.D.
Gerry Love, M.D.
Hugh MacIssac, M.D.
Darius Marhamati, M.D.
Michael Sassower, M.D.
Prabhat Varma, M.D.

DENTISTRY
Lynn Stacy, DDS

DERMATOLOGY
Erin Bryant, RPA-C
Chelsea Lockerbie, FNP
Amy Werchinski, MPAS, RPA-C

EMERGENCY MEDICINE
Pat Baranello, M.D.
Vincent Call, D.O.
Thomas Coughlin, Jr., M.D.
Nick Gallagher, D.O.
Scott Glick, D.O
Halina Jandura-Cessna, M.D.
Mark Parshall, M.D.
Veronica Ruiz, M.D.
Barry Turek, D.O.

FAMILY MEDICINE
Thomas Birk, D.O.
Monica Kwicklis, M.D.
John Leuenberger, D.O.
Kathryn McHugh, M.D.
M. Lynn Pisaniello, M.D.
Daniel Root, M.D.
Norman Scott, D.O.
R. Brian Shambo, M.D.
Shirley Tuttle-Malone, D.O.
Catherine Williams, M.D.
Briana (Button) Metzler, NP
Corrie Schell, NP
Kimberly Palmowski, PA
Melinda Rosner, PA

GENERAL SURGERY
Jon Baker, M.D.
Kyron Tamar, M.D.
Steve Kwon, M.D.

HOSPITALISTS
Eyad Aldaas, M.D.
Robert DiVencenzo, M.D.
C. Jay Ellie, M.D.
Dean Hanna, M.D.
Haider Khadim, M.D.
Cheryl Mattern, M.D.
Charbel Moussallem, M.D.
Rajiv Pant, M.D.
Bruce Portner, M.D.
Joshua Powell, M.D.
Wajiha Raza, M.D.
Srinadh Yarra, M.D.
Mobeen Yousaf, M.D.
Robert Zewe, M.D.
Matt George, NP
Carrie Hostetler, NP
Alison Kiser, NP
Molly Pleskach, NP
Jennifer Smith, NP
Ibrahim Al-Bassiony, PA
Amer Alnaqeeb, PA
Kurt Dubey, PA
Jeffery Smith, PA
Anton Wineman, PA
Lisa Worthington, PA

INTERNAL MEDICINE
Steven Lyndaker, M.D.
Manoj R. Vora, M.D.

NEPHROLOGY
Khalid Sindhu, M.D.

OB/GYN
Vladimir Breslau, D.O.
Gerard Crawford, II, M.D.
Eldad Vered, M.D.
Selina Hughes, NP

OPHTHALMOLOGY
Debra Koloms, M.D.
Noaman Sanni, M.D.

ORTHOPEDICS
Stephen Adcock, M.D.
Steven J. Kaplan, M.D.
Evan Leibelsperger, RPA-C

PATHOLOGY
Robert Coffin, M.D.

PEDIATRICS
Mary Lou Feilmeier, M.D.
Shereen Palmer, M.D.

PODIATRY
Mark Schug, D.P.M.

PULMONOLOGY
David Rechlin, D.O.

PSYCHIATRY
Toby Davis, Ph.D.
Samuel Rubenzahl, Ph.D.
Thomas Knudson, Ph.D.
Steven Fogelman, M.D.
Amanda Sweet, Psy.D.
Lee Vance, Psy.D.

RADIOLOGY
Daryl Henderson, M.D.

NEW MEDICAL STAFF

LOWVILLE ACADEMY GRADUATES

KATHRYN MCHUGH, M.D.
Joined the LCGH Medical Staff in 2018 and Lowville Medical Associates in July of 2018
High School: Lowville Academy
College: St. Lawrence University, Canton, NY
Medical School: Upstate Medical University, Syracuse, NY

KELLY BIRCHENOUGH, D.O.
Joining the LCGH Medical Staff and Women's Health Center July 2019
High School: Lowville Academy
College: St. Lawrence University, Canton, NY
Medical School: Lake Erie College of Medicine, Erie, PA

VLADIMIR BRESLAU, D.O.
Women's Health Center - 315-376-5475
Medical School: University of Kishinev Medical School, Kishinev, Moldova, New York College of Osteopathic Medicine, Old Westbury, NY
Residency: St. John's Episcopal Hospital, South Shore, NY
Board Certified: American Board of Obstetrics and Gynecology

MONCIA KWICKLIS, M.D.
Lewis County Family Practice - 315-376-5287
Medical School: UNY Downstate Medical Center, Brooklyn, NY
Residency: St. Joseph's Hospital, Syracuse, NY
Board Certified: American Board of Family Practice

NICHOLAS QANDAH, D.O.
Central New York Brain & Spine Neurosurgery - 315-792-7629
Medical School: Midwestern University, Glendale, AZ
Residency: Virginia Tech Carilion Clinic, Roanoke, VA
Board Certified: Board Certified Neurosurgeon

BRIANA (BUTTON) METZLER, FNP-C
South Lewis Health Center - 315-348-8407
Medical School: State University of New York at Polytechnic Institute, Utica, NY
Board Certified: American Academy of Nurse Practitioners

CHELSEA LOCKERBIE, FNP
Lewis County Dermatology - 315-376-5861
Medical School: Samford University in Birmingham, AL
Board Certified: American Academy of Nurse Practitioners

"THE PROVIDERS IN THIS COMMUNITY HAVE REALLY OPENED THEIR ARMS TO ME. IT'S A GREAT GROUP TO WORK WITH."

–KATHRYN MCHUGH, M.D.

PARTNERSHIPS PROVIDE HEALTH EDUCATION OPPORTUNITIES FOR THE NEXT GENERATION

LCGH partners with SUNY Upstate University, LeMoyne College, Jefferson Community College, Jeff-Lewis BOCES, and Fort Drum Regional Health Planning Organization (FDRHPO) to provide training and health education opportunities for the next generation. Job shadowing, internships and clinical rotations, give students a meaningful introduction to clinical and non-clinical careers in health care.

1

The SUNY Upstate Rural Medical Education (R-MED) program matches a small number of students in each class to rural hospitals through the Department of Family Medicine. This year, medical student, Lilly Rizzo, was matched to the R-MED program at LCGH. Lilly stays in the community for nine consecutive months to work and learn under the supervision of her primary preceptor, M. Lynn Pisaniello, M.D. and other specialists.

2

The Staff Development department offers four in-house Certified Nursing Assistant (CNA) courses. The program covers basic patient care skills, 96 hours of clinical experience and 120 hours of classroom instruction. The students spend a great amount of time in the nursing home during their clinical experience, so they learn to care and communicate with the residents in a professional, caring manner. Many of the CNA graduates begin their careers at LCGH.

3

The Fort Drum Regional Health Planning Organization (FDRHPO) offers its Medical Academy of Science and Health Camp (MASH) twice a year to 16 area students. MASH camp was created by the FDRHPO as a unique opportunity for students in grades 8-12 to experience the healthcare world in an interactive way. It provides an opportunity for students to take advantage of and experience the field of healthcare and start their educational pathway in pursuit of a degree.

CANDY STRIPER PROGRAM

With a grant from the George Davis Fund, Lewis County General Hospital re-established the Candy Striper Program in 2018.

Mrs. John (Margaret) Parker created the Candy Striper program at the hospital in 1965. In 1970 over seventy Candy Stripers served 5,500 hours in the hospital. However, the Candy Striper program phased out in the late 1970s.

The Candy Striper Teen Volunteer Program at Lewis County General Hospital provides students (both boys and girls) ages 15-18 with the opportunity to volunteer at the hospital and provide extra attention and support, and a friendly face and a listening ear for our patients, residents and visitors. Our Candy Stripers are a valuable asset at our hospital.

In Photo: Marcy Teal Staff Development Coordinator honors 2018 Candy Stripers. The girls donated a total of over 500 volunteer hours.

NEUROSURGICAL SERVICES NOW AVAILABLE AT LCGH

Through community partnerships, patients benefit from quality care in the community.

One of the Lewis County General Hospital's strategic initiatives is to develop specialty clinic services with local access and delivery. This past year the hospital partnered with Board Certified Neurosurgeon Nicholas Qandah, D.O. FACOS, and Central New York Brain & Spine Neurosurgery to bring neurosurgical services to Lewis County.

A ribbon cutting was held at LCGH in August to officially open the Neurosurgical Services clinic. In photo: LCGH Board of Managers representatives Donald Musnicki, Vice President and Charles Truax hold the ribbon while Gerald Cayer, CEO, Neurosurgeon Nicholas Qandah, D.O., and Michael Young, President make the 'official' cut.

Dr. Qandah offers a complete spectrum of neurosurgical care, including the neck (cervical spine), back (lumbar spine), spinal injuries (trauma), scoliosis, spinal tumors, brain tumors and brain trauma.

In Photo: Dr Qandah

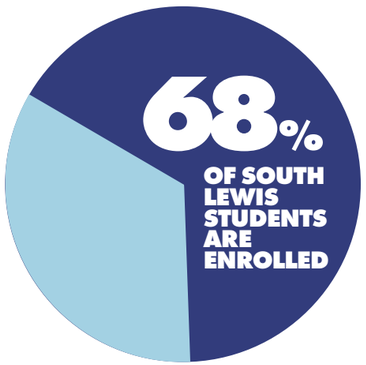
FALCON HEALTH CENTER

South Lewis School Based Health Center Unveils New Name & Logo

Lewis County General Hospital and South Lewis Central School unveiled a new name and logo for the South Lewis School Based Health Center. The Center, which opened in September 2017, will now be called Falcon Health Center. The Falcon Health Center logo was designed by Greg Myers, a senior at South Lewis Central School.

Falcon Health provides complete healthcare to students K-12th grade enrolled in the clinic. Care is provided by Physician Assistant Kimberly Palmowski to enrolled students with either insurance billing or with no fee should the pupil not be covered by an insurance plan.

The availability and access to care has had a positive impact on absenteeism and the health of our students.



In photo: Heather Kent, LPN, Gerald Cayer, CEO, Kimberly Palmowski, RPA-C, Greg Myers, Student/ Logo designer, Kelly Mear, RN, School Nurse, and Douglas Premo, Superintendent.

COMMUNITY MATTERS

Lewis County General Hospital and Health System believes in giving back to the community we serve. LCGH supported many events and programs in 2018. Hospital staff volunteered their time to benefit our community through health events and support for local nonprofits.

Some examples include: supporting high school and youth sports, organizing a Spring Into Health Community Health Fair, collecting food and supplies for United Way, donating toys to the Child Advocacy of Northern New York, providing first aid at the Lowville Cream Cheese Festival, Alzheimer's Support Group, and providing education and CPR demonstrations at the Lewis County Night Out event.

In photo: Pharmacy staff provide information on 'Candy-vs-Medicine' for children and adults at the Community Health Fair in April. Hospital staff provided over 270 free health screenings at the event.

HONORING THEIR SERVICE

Residents Receive Quilts of Valor

In March, five WWII Veterans who reside at the Lewis County General Hospital Residential Health Care Facility were honored by the Quilts of Valor Foundation. The mission of the Quilts of Valor Foundation is to cover service members and veterans touched by war with comforting and healing Quilts of Valor.

Kerry Barnes, New York State Coordinator with the Quilts of Valor Foundation was at the Residential Health Care Facility to award the quilts to the honored residents. Fort Drum representatives Captain Hudson and First Sergeant Berry also attended the event and presented the residents with honorary gifts from the 10th Mountain Division.

Following the ceremony residents enjoyed sharing memories from their WWII experience. We are grateful for the sacrifices that these brave men and women endured during their service to our country.

In photo: Residents Theodore Snyder, Edward Ingersoll, George Gilmore, Theresa Lehman, and Marian Holliday with their Quilt of Valor and Fort Drum representatives Captain Hudson and First Sergeant Berry.

We remember those who have passed since this photo: Theodore Snyder, Edward Ingersoll, George Gilmore, and Theresa Lehman.

EMERGENCY DEPARTMENT

Provides A Safety Net
For Lewis County

With over 10,777 patient visits in 2018, the LCGH Emergency Department (ED) is always open to provide compassionate emergency care for area residents. Any time a patient visits the ED, they will be cared for by a board certified physician and highly trained professional nurses.

The department is equipped with the latest diagnostic and monitoring technology, has immediate access to full service laboratory and radiology testing including x-ray, and has an extensive range of on-site consultant-specialist services available such as, orthopedics and general surgery, and pediatrics.

This past year, the hospital invested in new technology to help improve upon patient privacy and comfort. Visual therapy screens were added in treatment rooms and the waiting area to comfort patients and families; a sound dampening system was installed to soften environmental noise and further aide in ensuring privacy of patients; and safe patient handling equipment was purchased for aiding in safe patient transfers with minimal discomfort for the patient and staff. The Ambulance Radio System was also upgraded which further helps deliver pre-arrival information so staff can prepare for efficient and effective clinical treatment for strokes, heart attacks, trauma, and other critical patients.

In photo: Mark Parshall, M.D., Emergency Department Medical Director reviews a patient chart.

SURGERY AND ORTHOPEDIC SERVICES SEES SOLID GROWTH

LCGH is proud to partner with Synergy Surgicalists to provide access to orthopedics and general surgery services close to home. These specialists continue to draw praise and have seen a 9% increase in office visits, handling 2,570 surgery visits and 5,292 orthopedic visits. The menu of surgeries has expanded as well to include joint replacement. Patients and their family members can enjoy less travel time and receive care right here in Lewis County.

Steven Kaplan, MD (seated in photo) uses the Hana table purchased this past year to provide anterior approach hip replacement. With this table, Dr. Kaplan can drop the leg to the floor to expose the femur and replace the hip through a single incision. Most patients can bear their full weight immediately after surgery and return home after 24-hours.

In photo: Steven Kaplan, MD seated on the new Hana Table

RADIOLOGY DEPARTMENT

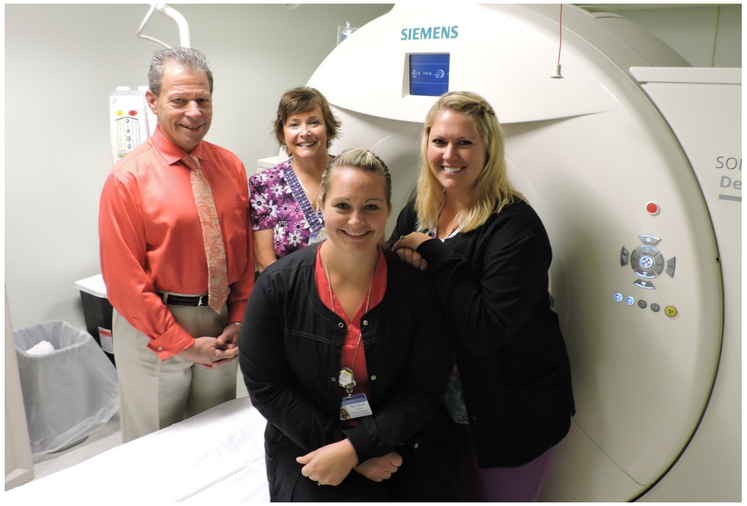
Providing State-of-the-Art Imaging Technology

The Hospital added CT Colonography (also known as virtual colonoscopy) to its compliment of advanced medical imaging technology for the screening and prevention of colorectal cancer. Virtual colonoscopy does not replace conventional colonoscopy. It is recommended for individuals with average risk or for those patients at increased risk who can't physically tolerate a colonoscopy.

It takes about 30 minutes and requires no sedation allowing patients to resume normal activity almost immediately after the exam. Once the 30 minute study is completed, the patient can leave without restrictions.

The virtual colonoscopy is another example of how LCGH is committed to providing area residents with access to the latest technology and diagnostic testing available.

VIRTUAL CT COLONOGRAPHY NOW AVAILABLE



In photo left to right - Radiologist Andrew Lewis, MD, and Radiology Technicians, Cathy Buckingham, Meghan Cummings and Sarah Froehlich.

RESULTS WHILE YOU WAIT

LCGH now offers results for patients receiving their 3D Mammogram before they leave our facility or they can choose to receive results by phone later that day. This helps minimize the anxiety patients often have when they have to wait for their results or when they have to return for additional imaging.

The Hospital was the first to introduce 3D Mammography and Automated Breast Ultrasound in Jefferson and Lewis Counties in the fall of 2015.

The 3D imaging technology is the most effective screening tool for finding breast cancer in its earliest stages.

The technology captures images of the breast from multiple angles to ensure a more complete and accurate scan. This enhanced visibility allows for earlier and more effective detection of breast cancer.

REHABILITATION DEPARTMENT OFFERS NEW SERVICE

Physical Therapist Darcy Zehr earned MDT Certification from The McKenzie Institute® USA Center for Postgraduate Study in Mechanical Diagnosis and Therapy® (MDT). Physical therapists must complete a series of advanced postgraduate courses and pass a credentialing exam to become certified practitioners of the McKenzie Method® of MDT, an evidence based patient management system proven to eliminate back, neck and extremity pain in fewer visits compared to traditional treatment.

The McKenzie Method of MDT is a reliable assessment process intended for all musculoskeletal problems, including pain in the back, neck and extremities, as well as issues associated with sciatica, sacroiliac joint pain, arthritis, degenerative disc disease, muscle spasms and intermittent numbness in arms or legs. This method also emphasizes patient independence as they are given the tools to treat themselves and problem solve if symptoms reoccur in the future.

THE MCKENZIE METHOD OF MDT IS A RELIABLE ASSESSMENT PROCESS INTENDED FOR ALL MUSCULOSKELETAL PROBLEMS

In photo: Physical Therapist Darcy Zehr, PT, DPT, Cert. MDT, with patient Colleen Moser

LCGH IS COMMITTED TO THE HIGHEST LEVELS OF QUALITY AND SAFETY.

While a small community hospital, LCGH adheres to the same standards that apply to all hospitals and our quality and safety performance compares well with hospitals nationally regardless of our size. Our staff and physicians provide excellent patient care and frequently exceed national benchmarks.

In its latest evaluation of hospitals released, the Centers for Medicare and Medicaid Services (CMS) gave LCGH a 4-star rating out of 5 possible, which places us among the top 25% of hospitals nationally for quality outcomes. For more information visit Hospital Compare at Medicare.gov. LCGH's Certified Home Health Agency (CHHA) also has 4 stars from CMS.

In photo left to right: IPRO's Chief Execute Officer Theodore O. Will, MPA, FACHE, LCGH's Former Director of Nursing, Nancy Kovach, RN, Medical Director, Catherine Williams, MD, Chief Operating Officer, Michele Prince, Manager of Case Management, Gale Grunert, RN, and Director of the Centers for Medicare & Medicaid Services Quality Improvement and Innovation Group. Dennis Wagner, MPA.

GALE GRUNERT RECEIVES IPRO QUALITY AWARD

Awards Given During IPRO's 34th Annual Meeting in June.

Lewis County General Hospital Manager of Case Management, Gale Grunert was recognized for her role in reducing the Hospital's 30-day readmission rate and ongoing collaboration with IPRO in June.

Gale, along with the collaboration of representatives from IPRO and Central New York Care developed a Lewis County Care Coordination team. This team includes hospital members and Lewis County community based organizations that work together to coordinate care for all the people it serves with a focus on initiatives to improve chronic disease management, care transition from the hospital to the next setting, appropriate emergency room use, and appropriate utilization of hospital services.

Patients who are in the hospital setting and have discharge medical needs are followed by the case managers during their stay and up to 30-days once they are home. Patients with chronic disease(s) are able to remain on service for a longer period of time.

LCGH DIETARY MANAGER RECOGNIZED FOR QUALITY CHEF DISH

LCGH Dietary Manager Deborah Longway was recognized for her culinary expertise as a Culinary Creations Top 10 chef by Premier Inc., a leading healthcare improvement company, which conducted a nationwide recipe contest. The Culinary Creations Contest is an opportunity for Premier's Foodservice members to honor their peers by selecting who they consider to be top chefs in the foodservice industry.

Deb's recipe was a roasted vegetable and Italian sausage taco on a cauliflower flatbread topped with a fried egg.

She was recognized at the Culinary Creations Dinner during Premier's annual Foodservice Forum, held in conjunction with its 2018 Breakthroughs Conference and Exhibition, which drew more than 4,000 providers and suppliers to Nashville, Tennessee in June.

In photo: Deb Longway, Dietary Manager, accepting her award and a photo of her roasted vegetable and Italian sausage taco on a cauliflower flatbread topped with a fried egg.

LOCAL ECONOMIC & COMMUNITY BENEFITS

$114,000,000
Economic Activity

$50,000,000
Payroll Expenditures

900
Jobs Generated

$11,000,000
Tax Dollars Generated

QUALITY HEALTHCARE

142,000
Outpatients provided care

11,000
People treated in the emergency room

1,300
People admitted to hospitals

200
Babies delivered

55,325
Clinic visits

1,531
Hospice visits

8,312
Home health visits

2,814
Adult day health care visits

30,972
Radiology visits

278,222
Lab tests

1,620
Ambulatory surgeries

95.1%
Nursing home occupancy

45,911
Rehab visits

STATE & FEDERAL FUNDING

71% **REIMBURSEMENT FROM MEDICARE & MEDICAID**
At this hospital, 71% of inpatient discharges and 52% of outpatient visits are covered by Medicare and Medicaid.

'18 BY THE NUMBERS

STATEMENT OF OPERATIONS

INCOME	2017	2018
Net Patient Care Revenue	63,961,800	62,118,993
Other Operating Revenue	11,784,590	23,499,986
Total Operating Revenue	75,746,390	85,618,979
Non operating Revenue	396,000	733,906
Total Revenue	76,142,390	86,352,885

EXPENSES	2017	2018
Salaries and Benefits	51,795,073	56,894,827
Supplies and Other	17,040,631	17,393,804
Depreciation and Interest	3,176,137	2,819,733
Total Expenses	72,062,685	77,688,632
Total Net Surplus (Deficit)	4,623,459*	8,782,339*

* Does not include Post-Retirement Benefit Obligation (GASB45) (GASB68)
*2017 and 2018 Financials audited by Fust Charles Chambers, LLP

LEWIS COUNTY GENERAL HOSPITAL AUXILIARY

Auxiliary volunteers give their time and talents to operate the gift shop and snack bar, deliver patient mail, provide newspapers for nursing home residents, provide a baby hat for each newborn, and host a variety of events to raise funds for Lewis County General Hospital and Residential Health Care Facility. In photo left to right: Auxiliary members, Bev Hardie and Dorothy Payne, plant geraniums on the Adirondack Edge patio. The flowers were donated by Dr. Manoj R. and Sheree Vora.

AUXILIARY BOARD MEMBERS

THANK YOU TO OUR AUXILIARY MEMBERS OVER 265 STRONG

JOANNE KELLOGG, PRESIDENT
MARY COMET, 1ST VICE PRESIDENT
DAVID SHIVERS, 2ND VICE PRESIDENT
DARCY ZEHR, RECORDING SECRETARY
ELIZABETH WOODS, CORRESPONDING SECRETARY
MARY LOU PETERS, TREASURER
JANE BUSH, ASSISTANT TREASURER
LIZ ALLEN
BARBARA BROWN
GERALD CAYER
DEB DAVIS
SUE FOY
PAT RHUBART
VICKI ROY
SHEREE VORA

AUXILIARY DONATION HIGHLIGHTS

- Raised over $10,000 to fund scholarships for local students pursuing healthcare careers.
- Provided $2,000 sponsorships for the Foundation Gala and LCGH **Fund for Hope's** Annual Breast Cancer Awareness Dinner.
- Purchased **two comfort chairs** for the Nursing Home in memory of Robert Griswold.
- **Donated $250** to LACS Backpack Club.
- Purchased **nitrous oxide equipment** for Maternity.
- Donated funds toward the purchase of the **3D Mammogram and Ultrasound** which was matched by the McSweeney Foundation.

UPCOMING EVENTS

HOLLYBERRY CRAFT SALE
NOVEMBER 23, 2019

21ST ANNUAL GERANIUM SALE
MAY 2020

FRIENDS OF LEWIS COUNTY HOSPICE

During the course of a life threatening illness, there may come a time when the patient, family and physician realize a cure may not be possible. At such time, Hospice offers an alternative to continued hospitalization and attempts at curing the disease. In 2018, Hospice staff provided 1,531 patient care visits.

Hospice is supported by the Friends of Lewis County Hospice (FOLCH). FOLCH is a non-profit organization made up of a 13-member board whose purpose is to support patients and their families during end of life care. The group maintains the Community Hospice Garden and through fundraising efforts, helps pay for Hospice patient care and services by providing funding for comfort care, meals, travel expenses and many other things that can lighten the burden of end of life care.

BOARD OF DIRECTORS

LORETTA KEYS, PRESIDENT
JOANNE DICOB, V. PRESIDENT
MARSHA ZEHR, SECRETARY
LINDA NOFTSIER, TREASURER
AMY DEAVERS
KEVIN MCARDLE
MARY INGERSOLL
RYAN PICHE
DONNA KROKOWSKI
SUSAN SAUER
TINA M. STANFORD
KAREN STOWELL
LORNA WEBER
CHARLIE TRUAX

HOSPICE DONATION HIGHLIGHTS

- Provided funds for ongoing needs for the Comfort Care room at LCGH.
- Enhanced Hospice garden.
- Hosted the annual Hospice Volunteer and Staff Recognition Dinner.
- Funded the Christmas baskets for Hospice patients.
- Covered the cost of massage therapy for Hospice patients and bereavement massages for caregivers.

UPCOMING EVENTS

LIGHT UP A LIFE CAMPAIGN
NOV. & DEC.

EPICUREAN DELIGHT
RIDGEVIEW RESTAURANT
MAY 2020

LEWIS COUNTY HOSPITAL FOUNDATION MISSION STATEMENT

The mission of the Lewis County Hospital Foundation is to enrich and enhance the hospital's high-quality healthcare services by building strong community relationships and raising funds to invest in the future of our hospital.

BOARD OF DIRECTORS

DONALD MUSNICKI, CHAIR
LEANNE MOSER, VICE CHAIR
JULIE HANNO, SECRETARY/TREASURER
GERALD CAYER, PRESIDENT
REBECCA DUNCKEL-KING
JANICE LEHMAN
MARY ANN MCGOUGH
ROBERT PFEIFFER
CHERYL STECKLY
ERIC TUPPER
DR. MANOJ VORA
ELIZABETH WOODS
MICHAEL YOUNG
JOANNE RHUBART, EXECUTIVE DIRECTOR

HOSPITAL FOUNDATION SAVE THE DATES

The Hospital Foundation's signature fundraising event, the Gala, will not be held in 2019. It has been rescheduled as a spring event and will be held on **Saturday, March 28, 2020.**

BREAST CANCER AWARENESS DINNER
TUESDAY, OCTOBER 22, 2019

THE GREAT PUMPKIN RUN
SATURDAY, OCTOBER 26, 2019

GOLF TOURNAMENT
JUNE 2020

THE HOSPITAL FOUNDATION GALA 2020
SATURDAY, MARCH 28

$126,000 DONATED FOR AUTOMATED BREAST ULTRASOUND

In Photo: From left to right: Edgar S.K. Merrell representing the McSweeney Foundation, JoAnne Rhubart, Executive Director, Lewis County Hospital Foundation, Jerry Cayer, LCGH CEO, Joanne Kellogg, LCGH Auxiliary President and Robert Pfeiffer, LCGH Director of radiology.

The Lewis County Hospital Foundation, in partnership with the Lewis County General Hospital Auxiliary and the McSweeney Foundation, released $126,000 to Lewis County General Hospital to support the principal cost of the 3-D Automated Breast Ultrasound Machine. Through a collaborative effort, the Hospital Foundation earmarked funds for the 3-D Automated Breast Ultrasound Machine and the Hospital Auxiliary committed $15,000. The McSweeney Foundation generously offered a $50,000 matching grant to assist with the project. The Hospital Foundation recently completed the $50,000 match and has donated $126,000 to Lewis County General Hospital for this important equipment.

MAJOR GIFT

Dr. Josephina Tan Domingo, an Obstetrician/Gynecologist with a 43-year career at Lewis County General Hospital, and her husband, Mr. Bienvenido Domingo, made a major contribution to the Hospital Foundation in 2018. The $138,000 donation from the Domingo family will be earmarked as the first major gift when the Hospital Foundation conducts a capital campaign in the near future.

In Photo: From left to right: Dr. Josephina Tan Domingo and Mr. Bienvenido Domingo.

LEGACY GIFTS

In 2018, the Hospital Foundation received two generous bequests. **Miss Anna Tabolt and Miss Marjory Smith** each named the Lewis County Hospital Foundation in their wills. As life-long residents of Lewis County, their legacy gifts will be a lasting tribute to their belief in and support of our hospital that provides high quality health care for our community.

Donors who wish to remember Lewis County General Hospital in their will can create a charitable planned gift to the Lewis County Hospital Foundation. A charitable planned gift to Lewis County General Hospital is a way to leave a legacy of caring for generations to come. To discuss how you can support the hospital, please contact the **Hospital Foundation Office at 315-376-5110.**

MISS MARJORY SMITH
$94,418

MISS ANNA TABOLT
$99,221

LEWIS COUNTY HOSPITAL FOUNDATION 2018 GALA

HOSPITAL FOUNDATION GALA

The 2018 Hospital Foundation Gala honored two retiring Lewis County General Hospital medical professionals.

Howard Meny, M.D. ~ Dr. Howard Meny completed his Doctor of Medicine degree at New York Medical College in 1981. Dr. Meny was recruited by Dr. Elwin Stillman to come to Lewis County to establish a medical practice. In the summer of 1984, Dr. Meny established his family medical practice and has remained in practice for the past 34 years. Dr. Meny held the position of Medical Director of the Nursing Home for 10 years and also served as a school physician for Lowville Academy for 34 years.

Gary Engle, P.A. ~ Gary Engle, P.A. enrolled in the Physician Assistant Program at Hudson Valley Community College and Albany Medical School in 1975. In 1977, Mr. Engle was hired as the first Physicians Assistant at Lewis County General Hospital. In 1978, he joined Lewis County Search and Rescue where he volunteered for 35 years as a Critical Care EMT. In 2008, he joined the South Lewis Health Center where he worked until his retirement in April 2018.

NURSING HOME COMMUNITY NAMES

The Hospital Foundation Board released $35,000 from the 2018 Gala proceeds for the beautification of the nursing home. In an effort to enhance the homelike setting for the residents, the Hospital Foundation conducted a contest to name the floors of the nursing home. The winning floor names were; First Floor-"Rainbow Community", Second Floor-"Black River Community," Third Floor-"Windmill Community" and Fourth Floor- "Ridgeview Community." New signs have been designed and ordered to change the Residential Health Care Facility from units and floors to "communities" for our residents.

Comfortable seating areas for families, decorative canvases depicting Lewis County, projectors and screens for movies and bingo as well as many other items requested by the residents have been purchased to enhance the warm and welcoming environment of their home.

RIDGEVIEW COMMUNITY

WINDMILL COMMUNITY

BLACK RIVER COMMUNITY

RAINBOW COMMUNITY

BRICK CAMPAIGN

The Memorial and Honorary Brick Campaign was launched in the spring of 2018. The first brick pavers were installed in the circle entrance of the hospital in the fall. The Hospital Foundation honored deceased medical staff, hospital and foundation board members with commemorative bricks. The brick campaign will be ongoing and community members can purchase

a commemorative paver at any time to remember a loved one, honor a friend, thank a member of our medical staff or engrave your own name on a paver to show your appreciation for our community hospital. The brick order form can be found on the Lewis County Hospital Foundation website, www.LewisCountyHospitalFoundation.org.

Photo: Left to Right: Mr. Jerry Cayer, LCGH CEO, Tracey Goldthrite, Maternity Nurse Manager, Proud Mama, Paige Lewis, JoAnne Rhubart, Hospital Foundation Executive Director and Proud Daddy, Aaron Lewis.

LEWIS COUNTY HOSPITAL FOUNDATION WELCOMES FIRST BABY OF 2018

Proud parents Paige and Aaron Lewis of Harrisville welcomed their baby girl Harlow Rae Lewis at 1:14 PM on January 4, 2018, the first baby of the year at Lewis County General Hospital. Harlow weighted 7 lbs. 4 oz. and measured twenty and a half inches. Harlow joins her sixteen month old brother Zander Michael.

The Lewis County Hospital Foundation coordinated the celebration of the first baby born at Lewis County General Hospital in 2018. A large wagon filled with gifts was given to the family of the first baby born at Lewis County General Hospital. The gifts included donations of baby toys, baby care items, gift cards and gift certificates from Kinney Drugs, Fidelis, LCGH Auxiliary, Posh Pics Photography, LCGH staff, community members and the Lewis County Hospital Foundation.

CARTHAGE TURKEY BOWL

The Carthage Turkey Bowl committee continues to be a strong supporter of the Fund for Hope and donated $9,500 to the LCGH Fund for Hope in 2018 to support local patients going through cancer treatment.

BREAST CANCER AWARENESS DINNER

The LCGH Breast Cancer Awareness Dinner and Baskets for a Cure raised $14,675 for the Fund for Hope!

FUND FOR HOPE

The Hospital Foundation continued to manage the Fund for Hope in 2018. Over the past year **the Fund for Hope released over $40,000 to assist 85 patients** with their cancer treatment travel expenses.

MAKE A GIFT

Charitable gifts to the Lewis County Hospital Foundation truly make a difference in the lives of our residents and patients. For more information about the Lewis County Hospital Foundation, and ways to tailor a gift that will meet your interests, please contact JoAnne Rhubart, Executive Director at 315-376-5110 or jrhubart@lcgh.net. For more information about the Lewis County Hospital Foundation, please visit www.LewisCountyHospitalFoundation.org

YOU MAY ALSO VISIT LCHF.NETWORKFORGOOD.COM WHERE YOU MAY MAKE A SECURE ON-LINE DONATION TO A VARIETY OF HOSPITAL FOUNDATION FUNDS.

THANK YOU!
WE MAKE A LIVING BY WHAT WE GET, WE MAKE A LIFE BY WHAT WE GIVE.

2018 GIVING

MAJOR GIFTS

1931 Legacy Society
Anonymous
Jerry and Tami Cayer
Donald Musnicki and Lisbeth Hirschey
Michele and Joe Prince
In Memory of Major R. S. Vora
Manoj R. Vora and Mrs. Sheree A. Vora
William and Mary Wormuth

$25,000 to $50,000
Community Bank
Key Bank Foundation
Mr. Robert VanDuyn
Mr. and Mrs. John Nortz
Otis Technology

$50,000 to $100,000
Kinney Drugs Foundation
Mrs. Mary O'Connor
Miss Magery Smith
Miss Anna Tabolt

$100,000 +
The Domingo Family
Lewis County General Hospital Auxiliary
Miss Marie Mantle
Morris D. "Jerry" McSweeney and
Mary J. McSweeney
Northern New York Community Foundation

COMMUNITY GIVING

Stephen and Jill Allen
Dennis and Pamela Bishop
Douglas Brodie
Richard and Ellen Bush
Michael Call
United Methodist Church
Mary Lou Deminck
Dr. Daniel and Susan Ellison
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Jack and Marcia Flint
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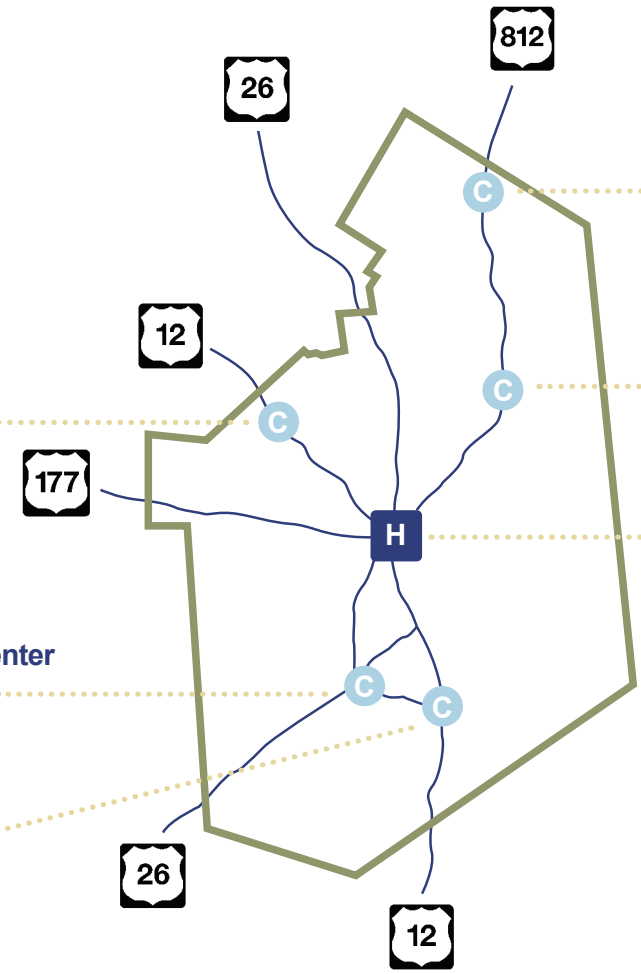
ROAD MAP TO HEALTH & WELLNESS
LEWIS COUNTY



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Health Center
315-537-5003

Beaver River
Health Center
315-346-6824

Lewis County
General Hospital
315-376-5200

Copenhagen
Health Center
315-688-2305

Falcon Health Center
(School-based)
315-348-2585

South Lewis
Health Center
315-348-8407

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