

# Helping a Variety of Patients

Residents with varied diagnoses can benefit from the Short-Term Rehabilitation Unit. Medicare and most insurance carriers cover services provided by the unit. Prior authorization may be required.

All residents admitted to the Short-Term Rehab Unit are evaluated by our skilled clinical team. The team evaluates and develops an individualized plan to address needs and goals.

The team actively involves both residents and their loved ones in this process. The group meets weekly to evaluate the needs, progress, and discharge planning. Family is also encouraged and invited to attend an initial care plan and discharge planning meetings.



**You've got a life to live,  
We'll get you back there.**



**Short-Term Rehab Apartment**



**For more information regarding the Short-Term Rehabilitation program or to schedule a tour, please contact us at:**



**315-376-5205**



**[www.lcgh.net/short-term-rehab](http://www.lcgh.net/short-term-rehab)**



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**Lewis County  
Health System**

Your Health Partner



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Health System**

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# Inpatient Short-Term Rehabilitation

**REGAIN** your strength  
**REBUILD** your confidence  
**RETURN** home

## About Us

Short-term rehabilitation can help if you or a loved one has had the following:

- Joint Replacement
- Suffered a stroke
- Had cardiac surgery
- Neuromuscular diseases
- Dysphagia
- Fractures
- Amputation
- Post-surgical complications
- Diabetes complications
- Debilitated from a hospital stay
- Wound care

## How We Can Help

- Transitioning from the acute care setting to a home or a lower level of care
- Custom-designed treatment plans for every patient
- Family and resident education and counseling to help build a bridge from hospital to home
- Individualized discharge planning

## Short-Term Rehabilitation Services

- All therapy services (physical, occupational and speech therapies)
- 24-hour Skilled Nursing care
- Wound care and wound vac therapy
- IV antibiotic therapy
- Therapy 6 days a week
- Private Room (When available)
- Free TV, WiFi
- Social Worker/Discharge Planner
- Audiology
- Dietitian
- Physician Services
- Activities & Beauty Shop
- Clergy
- Rehab Apartment (Allows us to assess your daily living skills and ensure you are ready to return home)

A psychiatrist, psychologist, dentist, podiatrist, nurse practitioner, and medical physician are available to address needs as necessary.

## Short-Term Rehabilitation Unit

The Short-Term Rehabilitation Unit is located on the second floor of the Lewis County Residential Health Care Facility. Staff focuses on helping residents regain strength and rebuild confidence to return home safely.

## Pre-Admission Assessment

Before admission to the Short-Term Rehabilitation Unit, individuals are carefully assessed to determine if their specific condition would qualify and benefit from the program. Individuals may be admitted from any location.

For more information, to make a referral, schedule a tour, or if you have scheduled joint replacement or surgery and are planning for rehabilitation, call 315-376-5205.

You can also tell your discharge planner you want to go to Lewis County Residential Health Care Facility for your rehabilitation.

