

Other Services

Occupational Therapists at Lewis County General Hospital can provide a variety of other services as well:

- Services for upper extremity/hand strengthening, stroke recovery, ADL training, and home adaptations.
- Fluidotherapy is another treatment option available to decrease edema sensitivity and increase range of motion.

To schedule an appointment call 315-376-5225.



Get In Touch With Us

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**Lewis County
Health System**
Your Health Partner



OCCUPATIONAL THERAPY



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OCCUPATIONAL THERAPY

Skills for the job of living!

LIFE PRESENTS MANY CHALLENGES

- A stroke survivor hopes to live independently again and regain the use of their affected arm.
- A woman with a fractured wrist is anxious to regain the use of her arm to function at work and home.
- A patient with a hip replacement needs adaptive equipment to get their socks, shoes, and pants on independently.
- A arthritic patient wants to live independently in an easier way.
- Has trouble opening jars or turning door handles
- A mill worker with an injured hand needs to return to work to support his family.

CHALLENGES CAN BE OVERCOME!

OCCUPATIONAL THERAPY MAKES IT POSSIBLE

Lewis County Health System offers OT services to inpatients, outpatients and home care patients.

 **CALL US**
315-376-5225



HAND THERAPY

Our evaluations provide a comprehensive and objective assessment of functional limitations and weakness. Through the use of the BTE work simulator, we can measure functional abilities using realistic activities.

OUTPATIENT THERAPY

The BTE work simulator is commonly used with hand patients to regain lost skills following stroke, fractures, carpal tunnel surgery, trauma, or other medical conditions. A variety of attachments simulate tasks such as starting a car, opening a jar, gripping, pinching and using various hand tools such as screwdrivers.

Computer printouts allow the therapist and physician to track progress through detailed graphs and summaries.

Treatment sessions can be compared using objective data to determine the ability to return to work.



ACUTE CARE

Occupational Therapists at Lewis County Health System focus on rehabilitating patients in the hospital in order to maximize their functional independence or adapt their environment to suit their needs.

- Home evaluations may be performed prior to discharge to ensure the patient's success at home by making necessary recommendations.
- Daily treatment sessions focus on activities of daily living skills (ADL's) individualized to the patient's needs such as bathing, dressing, cooking, eating, etc.
- Upper extremity impairment is addressed in individuals who may benefit from a program focusing on increasing ROM, strength and function.
- Adaptive equipment needs are met with the provision of utensils with built up or swivel handles, divided dishes, plate guards, cut out cups and other items.

WHY CHOOSE LCHS

Flexibility, mobility, strength—it's yours to gain. Our team of highly skilled occupational therapists is here to get you back to your everyday life. We'll create a treatment plan that's focused on your specific needs to restore the function and independence you need.